

# Simple Theory for Asian Handicap Betting

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Asian Handicap betting is becoming increasingly popular with western punters, particularly in Europe, with many online bookmakers providing this type of bet. Why to choose Asian Handicap?

## Simple Theory for Asian Handicap Betting

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### Why to Choose Asian Handicap?

Asian Handicap betting is the most popular way of betting on football. It is a better system and offers greater returns as it favors the bettors more due to the fact that it is less risky than the traditional (Win-Draw-Win) system. For an extra strong team to win by 2 goals and above is in high possibility especially when the team are struggling for points. When a strong team meets with underdog, betting on Asian Handicaps offer high return.

### Asian Handicapping Theory

It is the most common method of wagering on soccer in Asia. It provides good value to the bettor and can be less risky than traditional 'Win-Draw-Win' type betting. The handicap is based on the relative strengths of the two competing soccer teams. Effectively, the side thought to be weaker is given a head start. The bigger the apparent difference between the two footballs teams, the bigger the head start given. This eliminates the gap in skill between the favored team and the underdog, which gives you the chance to find value in games where teams are unequal.

Put simply, Asian Handicap odds eliminate the option of a draw in a soccer match, so you have only two bet options instead of three. Most experienced bettors would agree that Asian Handicap is a more profitable type of bet than traditional fixed odds.

### Different Types of Asian Handicaps

The main reason Asian Handicaps may appear complicated at first is that they are expressed in many different ways.

### The 0.5 Asian Handicap

1.95 AC Milan (-0.5) v Liverpool (0.5) 1.95

The first figure 1.95 is the odds available and the figure in brackets is the handicap.

This means that Liverpool receive an imaginary half a goal lead at the start of the match.

If you bet on AC Milan who start half a goal down, they have to win the match for your bet to win. If you bet on Liverpool, you win if they win the match or if they draw. To understand more, check out the latest Asian Handicap for LIVERPOOL TEAM .

#### The 0 Asian Handicap

This occurs when the likelihood of either team winning is fairly level. Here you are really betting without the draw being an option. You win if your selected team wins. If it is a draw, your stake is returned.

#### The 1 Asian Handicap

If you choose the -1 handicapped selection, your team needs to win by at least 2 clear goals for your bet to win. If your team only wins by one goal then the stake is refunded.

If you select the team who has a one goal lead (+1) then you win if they win or draw. If your team lose by just one goal then stake is refunded. This is a good bet if you fancy an underdog to get a result. Even if you are wrong, if they can limit the defeat to just one goal then you don't lose.

#### The 1.5 Asian Handicap

Here, if you bet the -1.5 handicapped team you win if the team wins the match by two or more goals.

If you select the team which has a start (+1.5) then you win if the team wins or draws. You also win if it loses by one goal!

#### The Double Asian Handicap Explained

In double handicap betting the wager is split in two.

An example of a double bet handicap would be:

#### Luton vs Watford

$(-\frac{1}{2}, -1)$   $(+\frac{1}{2}, +1)$

In this example half the stake money is placed on Luton minus half a goal and the other half on Luton minus 1 goal. The result of the bet is worked out using the methods described above.

Often the double Asian handicaps are expressed as decimals. The figure being the mid point between the two handicaps. In this example you might there for see -0.75 Luton vs Watford +0.75

Double Handicap 0, 0.5

This is also known as the level half Asian handicap and could be referred to as -0.25 (0,-0.5) and +0.25 (0,0.5)

If you bet on the team which is 0, -0.5 on the handicap then you win if the team wins by one goal or more. If it draws you lose 50 per cent of your stake. The other half of the stake is returned. Returning of the stake when your bet or part of your bet equals the handicap is also known as a push.

If you select the opposition 0, +0.5 then you win if the team wins the match. If it draws, half your stake is returned and half is a winner at the odds taken.

The Double Asian Handicap 0.5, 1

If you select the (-0.5, -1) handicapped team, also could be referred to as -0.75 then you win if the team wins the match by two or more goals. If it wins by one goal, half your stake is returned and half is a winner at the odds taken.

If you select the opposition (+0.5, +1) team, could also be known as +0.75 then you win if the team wins or draws the match. If it loses by one goal, you lose 50 per cent of the amount staked.

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Cup, with games statistics and soccer team statistics.

<http://www.soccerstat.net/statistics.jsp> - Your first place to start before you place your bet.